

Sandal Castle (VA) Community Primary School
Headteacher: Mrs N T Russell BA Hons PGCE NPQH
www.sandalcastleprimary.co.uk

Tuesday 6th March

EYFS and Year 1: Taster Morning



Dear Parents / Carers,

I am extremely excited to inform you that your child will be taking part in a 30 minute session focusing on 'getting children active'. It will take place on Wednesday 7th March, at school.

The government have now introduced a new requirement to our curriculum: children need to be active for at least 30 minutes per day in school and 30 minutes per day at home. Therefore, this is a great opportunity for children to develop a love of being active and living a healthy lifestyle, in an enjoyable way.

An activity sheet will also be given to them during the session, based on them taking part in 30 minutes activity at home with you. This could be in a variety of ways, which you can all enjoy. We're looking forward to seeing what they get up to!

Please ensure your child has their **FULL indoor PE Kit** in school with them, **including appropriate footwear**.

If you have any questions please do not hesitate to contact myself or your child's class teacher.

Many thanks

Miss Whitehead
(PE Lead)